



**No
Allergies
Please**

Constipation and Diarrhea

*What we do during a constipation and
diarrhea allergy rebalancing session*

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What we do during a constipation / diarrhea allergy rebalancing session

“I found that you should be going at least twice a day!”

I usually went once a day to the washroom to do number two. Pretty good don't you think? Well, it was not until I studied more into the subject that I found that you should be going at least twice a day. “Twice a day!” I exclaimed. I always went once a day and the second visit would not be coming unless I forced it out. But did you know that we should be going about as of ten as a baby does. That is, we should be going two to three times a day, without forcing it out, and we should be going fifteen minutes after eating a meal.

I don't know whether you watch the series “Survivor”. Well, a few seasons back, there was this older Chinese man. He was an excellent player, well respected by the other players. But boy was he ever constipated. I can't remember the exact number but it was a number of days that he had not gone to do number two. In the end, the host of the show had to pay him a visit and he was to be boated off the show.

Stories like his are not that uncommon. I have had numerous clients who either have been constipated for a number of days or who have had diarrhea. Constipation or diarrhea are both allergic reactions to me. It isn't until we can rebalance the foods that cause the constipation or diarrhea that they will continue to make life miserable for you.

We have rebalanced many people from their food allergies. And once we have rebalanced the set of foods that the individuals ate that originally caused the constipation or diarrhea, there would be no longer any occurrence of this.

Allergy Rebalancing – A four-step process... In the next section, I will describe to YOU the four-step process for alleviating your allergy symptoms. It does not matter what it is that you are allergic to. We are so confident the process works, that we are willing to guarantee the results.

“The testing, the rebalancing and the confirmation!”

Step 1: The testing.

Using a sophisticated computer system, we are able to test you for an infinite variety of items. The information (finger prints) of each item is digitally stored on this computer system. By attaching clips to both hands, the computer is able to send the information about each item to your body. It then records your body's responses and we print the results. Next it's on to step 2.

Step 2: Verification.

Based on the results we've obtained from step 1, we select from the computer the items to rebalance. After all items have been selected, we imprint a glass vial, filled with water and alcohol, with all of the items. With this vial, we are able to confirm your body's sensitivity to



Figure 1

the items via a simple muscle test. By putting the test vial, let's say it contains pollens, up against your arm and then holding your ring finger and thumb together tightly (see Figure 1), we will test your allergic reaction to the substance contained in the test vial. In this test, the vial is held up against your forearm and we will try

CONTENTS:

What we do during a constipation / diarrhea allergy rebalancing session... 2

The testing, the rebalancing and the confirmation..... 2



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to separate your finger and thumb. If they do separate, then you have an issue with the substance, otherwise, you do not! It's that simple.

Step 3: The elimination.

Connected to the computer is a special laser pen. We use this laser to transmit the information (finger print) of each item to your body using various acupuncture points. Note that there is no penetration of the skin by our laser. It is a painless procedure and is even safe for children! Also note that your body is doing the rebalancing—we're just the facilitator, helping to get things started and your body does the rest. The entire process takes approximately 15 minutes. Once completed, we go to step 4.

Step 4: The confirmation.

In this step, we repeat step 2. Using the muscle test, your body should now test strong during the re-test. And that's it! The entire process for new clients runs around one and a half to two hours. Returning clients are often 30 to 45 minutes.

“So what are YOU going to do?”

Now that you have the information, what are you planning to do about it? The average person has 40 allergy symptoms with or without them being aware of it. But now that I've given you some indication of what may constitute an allergic reaction perhaps I have done my job and you are aware of it. However, if you want to go one step further and you want to rebalance your body and alleviate your allergy symptoms, you can always find our telephone number by visiting our website at www.noallergiesplease.com.

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